Vocational training in Germany (Ausbildung)

Home economics assistant (Hauswirtschafter/in)

Hauswirtschafter / Hauswirtschafterin

You organise meals, cleaning and laundry and support people in daily life: a 36-month training, paid from the first year, with 3 specialisms to choose from.

LEVEL	DURATION	GERMAN	PAY DURING TRAINING
Baccalaureate	**3 years**	**B2**	**€1,225 to €1,377**
required	36 months	required level	gross / month, during the training

We are by your side from day one until you arrive in Germany.

GERMANY
+49 (0) 7033 694 18 80

CAMEROON
+237 622 20 81 64

www.campus-allemagne.org

Douala office : Rond-point Maetur Bonamoussadi – Nice Cream building (4th floor), opposite the COGENI hardware store, Douala, Cameroon

View the full sheet online

THE OCCUPATION IN 30 SECONDS

What a Hauswirtschafter does

The Hauswirtschafter plans meals, buys food, prepares dishes, cleans and maintains rooms and textiles and keeps things hygienic. With people who need support, they identify their needs and help in daily life.

Prepare meals

Plan menus to suit people, buy food, cook and preserve produce.

Maintain

Clean kitchens, living and utility rooms, look after textiles and observe hygiene rules.

Support

Identify the needs of people who need help, offer suitable services and support them day to day.

This occupation is for you if...

- ✓ you like cooking, tidying and making a place pleasant to live in
- ✓ you feel empathy for people who need help
- ✓ you are organised and good with your hands
- ✓ you accept early starts, evenings and weekends

Less suitable if...

- – you do not want to work weekends or public holidays
- – you struggle with cleaning and batch cooking
- – you prefer an office job

A TYPICAL DAY IN THE WORKSHOP

07:00 **Start of shift** : Read the day's instructions and check the staff and meal schedule.

08:00 **Preparing meals** : Prepare the food and cook the dishes on the menu, respecting special diets.

11:30 **Serving meals** : Serve meals to the residents and help those who need it.

13:30 **Cleaning the rooms** : Clean the dining rooms and living areas according to hygiene rules.

15:00 **Laundry care** : Sort, wash and iron textiles and mend small defects.

16:30 **Records and ordering** : Note the day's work and prepare the food order.

Cooking and diets | Menu planning | Room cleaning | Textile care | Hygiene and safety | Supporting people | Purchasing and cost control | Empathy | Organisation | Dexterity | Hygiene awareness | Teamwork

THE TRAINING

How the Ausbildung works

In Germany you learn by working: this is the “dual system”. You are an employee of a company and a student at a vocational school (Berufsschule) at the same time.

3 to 4 days a week at the company | **1–2 days school**

Year 1

Basics of the job

- Needs and support
- Meals, cooking and hygiene
- Room cleaning

Year 2

Organisation

- Textiles and sustainable buying
- Work organisation
- Intermediate exam

Year 3

Specialism and exam

- 3 specialisms to choose from
- Products, services, marketing
- Final exam

Exams and qualification

An intermediate exam (Zwischenprüfung) in the fourth half-year: two practical tasks totalling 120 minutes and a written paper of 90 minutes. The final exam has five parts, including a practical task (planning 120 minutes, carrying out 180 minutes), a workplace assignment of 24 hours, two written papers of 120 minutes and an economics and social studies paper of 60 minutes. Certificate from the competent chamber.

YOU ARE PAID DURING THE TRAINING

What you need to apply

- ✓ Baccalaureate level is required.
- ✓ The required level is B2. Good technical vocabulary for the trade is a real plus.
- ✓ The work means standing, carrying and handling loads, cleaning and cooking. Hours are irregular: early mornings, evenings, weekends and public holidays.

Documents to prepare

- ✓ CV and cover letter in German
- ✓ Translated baccalaureate diplomas and transcripts
- ✓ German B2 level certificate

AFTER THE TRAINING

Where it can lead

STRAIGHT AWAY

Qualified Hauswirtschafter

Jobs in care homes, youth homes, nurseries, hospitals, hotels or catering.

WITH EXPERIENCE

Housekeeping lead

Coordinate a team, a kitchen service or the upkeep of an establishment.

LONGER TERM

Meister or degree

Take the Meister in home economics or study dietetics or household science.

YOUR PATHWAY WITH CAMPUS GERMANY

We are by your side from day one until you arrive in Germany

1

CHECK MY ELIGIBILITY

Take the test online or at the office

The eligibility test is done online on our website, or by visiting our Douala office directly.

2

TALK TO AN ADVISOR

Talk to our team

Germany: **+49 (0) 7033 694 18 80**
Cameroon: **+237 622 20 81 64**

3

PREPARE YOUR GERMAN

DZK, our language centre

Deutschzentrum KAGEDEV (DZK) is our own language centre in Douala. Outside Douala: partner language centres, call us to find the nearest one.

4

GET THE CONTRACT

AZUFA is always us

AZUFA is our platform: it connects you with German companies that recruit apprentices and follows your application through to the training contract.

Douala office

Rond-point Maetur Bonamoussadi – Nice Cream building (4th floor), opposite the COGENI hardware store, Douala, Cameroon

From German A1 to the first day of training in Germany

Each step is run by one of our structures. You keep the same contact from start to finish.

1 — **Check my eligibility**
The test is done online on our website or at our Douala office.
RUN BY CAMPUS GERMANY

2 — **Talk to an advisor**
Review your profile, your wishes and the chosen occupation.
RUN BY CAMPUS GERMANY

3 — **Learn German, from A1 to B2**
Courses adapted to your starting level, up to the required B2 level. In Douala at our own language centre; elsewhere, with our partner centres.
RUN BY DZK

4 — **Prepare the application file**
CV and cover letter in German, translated baccalaureate diplomas and transcripts, B2 level certificate.
RUN BY CAMPUS GERMANY

5 — **Find the company and sign the training contract**
We connect you with German companies that recruit apprentices, and follow your application through to the contract.
RUN BY AZUFA

6 — **Prepare the visa and paperwork**
Support to gather the documents and complete the administrative steps.
RUN BY CAMPUS GERMANY

7 — **Prepare your departure and settling in**
Travel, housing and first steps in Germany: we prepare you before you leave.
RUN BY KAGEDEV E.V.

8 — **First day of training in Germany**
You arrive prepared and supported, with a team that has known you since day one.
RUN BY AZUFA

Contact us

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